Collection and storage of CSF samples for CSF 14-3-3/RT-QuIC analysis

- 1. We require at least 0.5ml of clear and colourless CSF, if it is blood-stained in anyway this invalidates the test. We do not accept CSF sample with a RCC of greater than 150.
- 2. The CSF sample should be collected into a routine universal container.
- 3. If the lumbar puncture is traumatic we advise that the CSF sample is collected in a series of containers until it is clear. We advise that the RCC is performed on the clearest sample.
- 4. It must be sent to your microbiology, biochemistry or other pathology department for storage. Ask the laboratory to freeze the CSF sample. It should be frozen within 2- 3 hours. A normal -20°C freezer is acceptable but if the lab has a -70°C/-80°C that is better.
- 5. Once the requesting clinician has discussed the request with our clinical team, a member of the NCJDRSU laboratory staff will contact the local laboratory and arrange for a courier to collect the CSF sample.
- 6. The turnaround time is approximately 5-7 working days after receipt of the CSF sample.
- 7. The results will be sent directly to the requesting clinician.